**MedKit Website**

[**https://drive.google.com/drive/folders/1FSuzvrtec5tVfsLdlqPmM4mKzqoZnkSV?usp=sharing**](https://drive.google.com/drive/folders/1FSuzvrtec5tVfsLdlqPmM4mKzqoZnkSV?usp=sharing)

* **Bleeding:**
* **Info**: First aid for bleeding includes applying pressure to the wound with a clean cloth or bandage, elevating the affected limb, and applying a tourniquet if necessary.
* Pic:
* Video: https://www.youtube.com/watch?v=8pTaqY40-Rs
* **Burns:**
* Info: First aid for burns includes cooling the affected area with water, covering the burn with a clean, dry cloth, and taking pain relief medication if necessary.
* Pic:
* Video: https://www.youtube.com/watch?v=8KXBk8WIc50
* **Choking:**
* Info: First aid for choking involves performing the Heimlich maneuver or back blows and abdominal thrusts to dislodge the object blocking the airway.
* Pic:
* Video:https://www.youtube.com/watch?v=2dn13zneEjo
* **Heart attack:**
* Info: First aid for a heart attack includes calling emergency services immediately, administering aspirin if the person is able to swallow, and performing CPR if necessary.
* Pic:
* Video: https://www.youtube.com/watch?v=6ZGg0zJUFEI
* **Seizures:**
* Info: First aid for seizures involves ensuring the person is in a safe place, cushioning their head, and loosening any tight clothing around their neck.
* Pic:
* Video: https://www.youtube.com/watch?v=Ovsw7tdneqE
* **Shock:**
* Info: First aid for shock includes laying the person flat, elevating their legs, and covering them with a blanket to keep them warm.
* Pic:
* Video:https://www.youtube.com/watch?v=61urGQrmeNM